

STUDENT CREED

I will work to improve my mind, my body and my attitude through positive actions.

I will develop self-discipline to help me reach my Potential.

I will use my skills with respect and responsibility to help myself and others.

I will train with intensity and focus.

END OF CLASS PLEDGE

As a Dedicated student of the Martial Arts, I will live by the Principles of Black Belt.

Honor - Integrity - Respect - Compassion

Self Control - Dedication - Courage - Indomitable Spirit

What's our goal? Black Belt Excellence - Sir!

How Do We Lead? By Example - Sir!

Thank You Class! Thank You - Sir!

7 Home Rules For Children

- 1 Children shall greet their parents with "Hi, Mom! Hi, Dad!" when they enter the home and tell their parents "Good-bye!" when they leave.
- 2 Children will always be respectful of their Parents, Teachers and Elders.
- 3 Children will be kind to their Sisters and Brothers.
- 4 Children will keep their room neat and clean.
- 5 Children will keep their hair, body and teeth clean daily.
- 6 Children will not interrupt Adult Conversations.
- 7 Children shall fix "The Daily Recipe for Academic Achievement"
 - When you come home from school, open the refrigerator and have a glass of juice.
 - Open your book to review what you studied today.
 - Do your homework.
 - Preview what you will study tomorrow.

Children who are not Respectful and do not obey their Parents **CHEERFULLY** may not promote to their next rank!